



**2020
Optional & Xcel
State Championships**

March 20th-22nd, 2020

Hosted by:

Gold Cup Gymnastics

Meet Location:

Sandia Prep High School

532 Osuna Rd NE, Albuquerque, NM 87113

FRIDAY

March 20th

SESSION 1

(76 gymnasts)

8:00 AM Warm Up

8:15 AM March In

Level 6 – 14 & younger

SESSION 2

(65 gymnasts)

12:30 PM Warm Up

12:45 PM March In

Level 6 – 15 & older

Level 7 – All Ages

SESSION 3

(48 gymnasts)

5:00 PM Warm Up

5:15 PM March In

Level 8 – All Ages

Level 9– All Ages

Level 10 – All Ages

SUNDAY

March 22nd

SESSION 7

(57 gymnasts)

8:30 AM Warm Up

8:45 AM March In

XCEL Bronze – 9 & younger

SATURDAY

March 21st

SESSION 4

(64 gymnasts)

8:30 AM Warm Up

8:45 AM March In

Xcel Silver 11 & older

Xcel Gold 11& younger

SESSION 5

(57 gymnasts)

12:15 PM Warm Up

12:30 PM March In

Xcel Gold 12 & older

Xcel Platinum-All

Xcel Diamond-All

SESSION 6

(62 gymnasts)

4:30 PM Warm Up

4:45 PM March In

Xcel Silver 10 & younger

Xcel Bronze 10 & older

Admissions

\$10 Adults

\$5 Kids (4-12)

\$25 Weekend Pass